

## Divorced Catholic Support Group FORMING NOW

The Divorced Catholic Recovering from Divorce program is specifically designed to help divorced/separated Catholics. This 13-week program offers support and addresses the most pressing challenges of divorce. The program is designed to help divorced/separated Catholics recover by more fully learning and living their faith.

## WHAT YOU WILL LEARN

Session 1

Praying in Times of Distress

Session 2

Anger with Our Spouses,

Ourselves and God

Session 3

Why Did God Allow This to

Happen?

Session 4

What Does the Church Really Teach About Divorce

Session 5

**Stay Close to the Sacraments** 

Session A

Dealing With Your Former Spouse

Session 7

How Are the Children?

Session 8

Our Own Self-Worth

Session 9

The Value of Suffering

Session 10

**Working on Forgiveness** 

Session 1

Sex and Dating as a Divorced

Catholic

Session 12

Mary Our Mother

Session 13

Hope for the Future and Our Vocation in Life



66 Going through the Recovering from Divorce Program literally transformed me from despair to hope by the blessings of our Catholic faith.

Stefanie

Mila



When my world was falling apart into a million pieces, the Recovering from Divorce Program helped me to stay sane and helped me put the pieces back together.



66 divorcedcatholic.com's Recovering from Divorce Program gave me more hope and faith in God's plan for me going forward. Mike

DATE/TIME:
LOCATION/ROOM:
CONTACT:
FOR MORE INFORMATION: